

FEBRUARY 2026

Muscle Shoals Living Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Craft Project this month! 	2 9:30 BINGO 10:00 Exercise NOMINATIONS begin TODAY! 11:30 Health Talk with Janet 'Positivity' 	3 9:30 BINGO 10:00 Exercise 11:45 Heart Health BINGO 	4 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class w/ Lucy Swindle Free Item Day Rainbow Technique Plate	5 9:30 BINGO 10:00 Exercise 10:30 Cornhole! 12:00 Bible Study Voting begins TODAY!	6 9:30 BINGO 10:00 COFFEE & CINNAMON ROLLS 10:15 February I.Q. Trivia	7
8 	9 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 12:00 <u>Craft Class:</u> Cutting Board Snowman	10 9:30 BINGO 10:00 Exercise 11:30 BINGO with Pat Gentiva Hospice 	11 9:30 BINGO 10:00 Exercise 11:45 Birthday Ice Cream Social 12:00 Ceramics Class 	12 9:30 BINGO 10:00 Exercise 10:30 Cornhole! 11:45 Bingo with Dylan The Summit 12:00 Bible Study 	13 9:30 BINGO 10:00 Penny Auction with Vicki Genesis HealthCare 12:00 Valentine's Party and Royal Crowning 	14 
15 	16 9:30 BINGO 10:00 Exercise 11:00 Lunch Out! Homeside Rest. Cloverdale Rd. ★ PRESIDENTS DAY ★ No meal delivery	17 9:30 BINGO 10:00 Exercise MARDI GRAS 11:45 King Cake & Ice Cream	18 9:30 BINGO 10:00 Exercise 11:30 Penny Auction w/ Ericka Columbia Cottage 12:00 Ceramics Class	19 9:30 BINGO 10:00 Exercise 10:30 Cornhole! 11:30 Pampered Hands Paraffin Treatments 12:00 Bible Study	20 9:30 BINGO 10:00 Blood Pressure checks, Kellie with Centerwell Home Health 	21
22	23 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 11:45 Yard Sale BINGO YARD SALE	24 9:30 BINGO 10:00 Exercise February is Cherries & Chocolate Month! 11:45 Indulge in BOTH! 	25 9:30 BINGO 10:00 Exercise 11:30 Tax Season Scams Pat Smith Laud. Extension Svc. 12:00 Ceramics	26 9:30 BINGO 10:00 Exercise 10:30 Cornhole! 11:45 Ice Cream Floats 12:00 Bible Study 	27 9:30 BINGO 10:00 Coffee & Cocoa Bar w/ Ericka – Columbia Cottage 11:30 MARCH Calendar Review 	28 
	FEB. 2-4 NOMINATIONS FOR VALENTINE KING & QUEEN FEB. 5-11 VOTING FOR VALENTINE KING & QUEEN VALENTINE PARTY & CROWNING – FEB 13 		HAPPY BIRTHDAY in FEBRUARY to: Betty DeHart – 5 th Sandra Bush – 6 th Frankie Kelly – 7 th Jim Waddle – 15 th Joan Blackman – 20 th Rosemary Christensen – 22 nd Jessie Little – 24 th Debbie Mitchell – 25 th Edress Spencer – 28 th Usha Lakhani – 28 th 			